

Henniker Road, Bolton BL3 3TP Telephone: 01204 333595 Email: <u>office@heathfield.bolton.sch.uk</u> Headteacher: Mr. M. D Thornley BSC (Hons)

Friday 24th September

RE: NEWSLETTER

Dear Parent/Carer,

I hope you are well and have had a great week. It has been such a busy and productive start to the new academic year here at Heathfield. Children are back into excellent routines and enjoying their learning.

Thank you to all parents/carers who get their child/ren in school every day and on time. Despite our effective remote learning offer, children have missed so much education it is so important that children are in school each day. The routine not only benefits their learning but also benefits them socially and emotionally. Thank you.



CHILDREN'S MENTAL HEALTH - HEATHFIELD HEART

As you know, as part of our Heathfield Heart curriculum we promote positive mental health and wellbeing. We do this in a variety of ways through direct teaching, mindfulness, nurture and our daily mental health check in. As a result of this, Heathfield have been awarded the **'Bronze Mental Health Award'** We were very close to achieving silver but we need to share the work we do with other schools, which up until recently we were unable to do as a result of COVID-19.



HEATHFIELD HEART – YOGA

Today the children have been taking part in yoga sessions. They have been using breathing and stretching techniques to support with physical and mental health. We hope that children will







continue to use these strategies outside of the sessions. Ask your child/ren to show you some of the techniques they have been using.













CREATING 'BOTHEREDNESS'

Last week teachers received some excellent training from Dr. Debra Kidd about how to create 'botheredness' in our curriculum. Debra worked with some of our classes, using stories and drama to help hook our children into our history curriculum. She shared some really good ideas that teachers will use across all subjects to provide a context to learning, a tangible context, create 'botheredness' and genuine investment so that children's knowledge means something and therefore will be more likely to be stored in Long Term Memory.



MUSICAL INSTRUMENT LESSONS

Thank you to parents/carers who have expressed interest in musical instrument lessons. We now have children learning recorder, clarinet and guitar. Some children have expressed interest in playing the violin and the music service are in the process of allocating us a teacher. A year 6 child has even joined a local band after 12months of learning the Clarinet. I cannot wait until we have enough children in school to create our own Heathfield orchestra!



If you would like your child/ren to take part in lessons, please see the information below.

As a school we buy into the music service in order to subsidse the cost of musical intrument lessons. The cost of a group lesson is £22 per month (£44 per month for an individual lesson) At Heathfield we currently can provide recorder (for younger children), flute and clarinet lessons (Years 4, 5 and 6), guitar lessons (Years 3, 4, 5 and 6) and saxaphone lessons for Year 6 children.

If you are interested in your children taking part in any of the above lessons, please email <u>parents@heathfield.bolton.sch.uk</u> and we can send you the link to sign your children up.

YEAR 5 DJEMBE DRUMS

Year 5 are taking part in a 6 week Djembe drum workshop. All classes across school will take part in similar workshops over the year.









PATH GROUP (Parents and Teachers of Heathfield)

We are busy preparing social and fundraising events but the PATH group needs more help – many hands make light work!

Could you help? It is a great opportunity to get more involved in school life and make a difference to Heathfield children.



WE NEED YOU!

KEY DATES

Wednesday 29th September Reception 2022 open day 10am and 4pm. (Please spread the word if you know of any parents looking for a school next year. Email <u>parents@...to</u> book a place!)

Friday 1st **October** Non Uniform day £1 donation via parent pay Money raised will go towards paying for the Pantomime at Christmas

Friday 8th October Spanish Day – Children can wear red and yellow or traditional Spanish clothes

Yours sincerely,

Mr. M D Thornley

Headteacher





