







Design Technology: What makes a hero super?

What should I already know?

In EYFS, we have learned about food (links to body parts as we made a pizza creating a face), structures (a boat for our pond area) and construction (as part of our forest schools work, we built a bug house in our woodland area). For each product, we looked at different joining tools. In Year 1, so far we have learned about mechanisms. We created a model of a car using play dough then evaluated existing toy cars. We then planned how to make a moving car. We practiced measuring in centimetres, marking out, cutting using scissors and joining materials using tape, masking tape and blue-tac before making our toy car.

recipe	ingredients	tool	knife	local produce	evaluate	garnish
<p>A set of instructions for preparing a food dish.</p> <p>Frozen Fruity Yoghurt Bites</p>  <p>Method</p> <p>Put 12 yoghurt pots onto a small baking tray.</p> <p>Use a spoon to drop some yoghurt into each pot.</p> <p>Put a few slices of fruit into each cup and press them into the yoghurt with your fingers.</p> <p>Freeze for 2 hours or until solid.</p> <p>Pop out of the cases and serve.</p> <p>Ingredients</p> <ul style="list-style-type: none"> • 200g natural yoghurt • handful strawberries • handful raspberries <p>Safe Amazon</p>	<p>Any of the foods that are combined together to make a dish.</p>	<p>A kitchen tool is a piece of equipment that is used for preparing food, usually held in the hand.</p> 	<p>A type of kitchen tool used to cut or chop food items. There are different types of knives.</p> 	<p>Food that is produced in the local area such as from farms/bakeries.</p> 	<p>Think of an idea then assess it how well it has been made/worked.</p> 	<p>An item mainly used as a decoration on a food dish.</p> 



A salad is usually a cold dish made with raw (or cooked) vegetables. Oil or a dressing is sometimes added to a salad at the end. Sometimes salads have meat or fish added to them too. Common salad ingredients are lettuce, tomatoes, cucumber and peppers.

Preparing

Equipment, surfaces, and raw vegetables need to be cleaned before they are used.

Chopping

Slicing raw vegetables into pieces.



Peeling

Using a peeler to remove the skin.



Cooking skills

Measuring

Measuring the correct amount of product using measuring spoons, cups and jugs.

Grating

Reduce food into smaller pieces using a grater.



Cutting

Using a knife (serrated knife) to chop food into smaller pieces. We must use a safe grip.

Bridge grip Claw grip

